

Will you ACTIV8 this month?

# ACTIV8afriend

Join us & 'nudge' a friend, a bezzie,  
a rellie or a mate on the eighth!

# ACTIVE 8

Your chance to join women all over  
the world getting active together on  
the eighth of every month

**This month:**



**@WomenSportsWeek 19-25 June 2017**  
**Join us with a Friend & get ACTIVE!**

Supported by:

ACTIV8afriend is a FREE and OPEN movement to get more women, more ACTIVE by 'nudging' a friend - and encouraging community clubs/classes to promote discounts/offers once per month. Supported by a social media campaign:

 [www.facebook.com/ACTIV8aFriend](http://www.facebook.com/ACTIV8aFriend)  @WomenSportsWeek  @Her\_MoJo

**Join us in your trainers or on social media each month on the EIGHTH.**

**[www.WSNet.co.uk/ACTIV8](http://www.WSNet.co.uk/ACTIV8)**

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