

Will you ACTIV8 this month?

ACTIV8afriend

Join us & 'nudge' a friend, a bezzie,
a rellie or a mate on the eighth!

ACTIVE 8

Your chance to join women all over
the world getting active together on
the eighth of every month

This month:



Supported by:

ACTIV8afriend is a FREE and OPEN movement to get more women, more ACTIVE
by 'nudging' a friend - and encouraging community clubs/classes to promote
discounts/offers once per month. Supported by a social media campaign:

 www.facebook.com/ACTIV8aFriend  [@WomenSportsWeek](https://twitter.com/WomenSportsWeek)  [@Her_MoJo](https://twitter.com/Her_MoJo)

Join us in your trainers or on social media each month on the EIGHTH.
www.WSNet.co.uk/ACTIV8

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